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WRITING A LOVE LETTER TO YOUR SPOUSE: A WEDDING DAY GUIDE





WHY WRITE A LETTER?

Creating a heartfelt letter for your wedding day is a meaningful way to express your feelings and capture your love story in a personal, timeless way.

As you craft your letter, think of it as a gift for your partner, something that will be treasured and remembered for years to come.

Maybe you don't want the pressure of reading personal vows to each other at the ceremony but instead deliver a hand written note to each other to read on the morning of your wedding (leave time for makeup touch ups!)

If you are having a videographer this provides great content to include in your film especially if you are going with traditional vows and choosing not to write your own, these letters will personalize your film.



HOW TO START YOUR LETTER

Before you begin, find a quiet place, maybe with a favourite drink or music that reminds you of your partner, to focus on what you truly feel.

Choose whichever environment suits you best. Some may want to sit down in a coffee shop and people watch while reminiscing on their love story.

Focus on the heart of Your Story. Were there any events in your life that led to you two meeting?

Think about why you fell in love, what your relationship means to you, and how this moment feels as you're about to say, "I do."



LETTER STRUCTURE TIPS

1. Start with a Memory

Remind your partner of a special moment in your journey together. It could be the first time you met, a shared adventure, or a moment you realized they were “the one.”

- Example: “Do you remember that time we got caught in the rain, and you pulled me close and laughed? I knew then that I wanted a lifetime of those moments with you...”

2. Express What You Love About Them

Describe the qualities in your partner that inspire and ground you. Be specific, so they can feel how well you know them.

- Example: “I love the way you’re always the first to reach out when someone needs help. Your kindness and generosity make me proud to walk through life with you...”

3. Share Your Hopes for Your Future Together

Dream a little together. Imagine your life beyond this day—your hopes, goals, and the type of life you envision building with them.

- Example: “I look forward to all the little moments—Sunday mornings, family dinners, traveling the world together...”

4. Make a Personal Promise

Write a vow, even if it’s simple or lighthearted. This is something you’ll come back to as a reminder of what this day meant to you both.

- Example: “I promise to always be by your side, to support you through whatever life brings, and to keep our love adventurous...”

5. Close with Your Forever Words

End with something that feels like “home” to you both—whether it’s a favorite saying, inside joke, or just a quiet “I love you.”



PROMPT QUESTIONS TO HELP GUIDE YOU

1. Your Love Story

- “The moment I knew I was in love with you was when...”
- “Looking back on our first date, I remember...”
- “One of my favorite memories with you is...”
- “I never expected to fall for someone who... but you changed that by...”

2. What I Love Most About You

- “One of the things I admire most about you is...”
- “I love how you always...”
- “You make me laugh every time you...”
- “Your kindness shows every time you...”
- “I feel safe and loved because you...”

3. Reflecting on the Journey Together

- “Through all the ups and downs, I’m grateful that we...”
- “One of the biggest lessons I’ve learned from you is...”
- “Together, we’ve been through... and it made us stronger.”
- “I feel incredibly lucky that we’ve been able to...”

4. How You’ve Changed Me

- “Since meeting you, I’ve become...”
- “Because of you, I’ve learned how to...”
- “You’ve taught me to see the world in a new way by...”
- “With you in my life, I feel more...”



PROMPT QUESTIONS TO HELP GUIDE YOU

5. Looking Ahead to the Future

- “I’m so excited to build a life with you because...”
- “I can’t wait to experience... with you by my side.”
- “My hopes and dreams for our future together are...”
- “I’m looking forward to spending the rest of our lives...”

6. A Promise to Keep

- “Today, I promise to always...”
- “As we start this journey together, I vow to...”
- “I promise to support you by...”
- “I will always be there for you, especially when...”

7. When You’re Not Sure What to Say

- “If I could tell you one thing today, it’s that...”
- “Every day, I’m grateful that you’re...”
- “You’ll always have my... no matter what.”
- “I know I don’t say this often, but...”